

## Adopt North East (training)

Room 11, Linskill Centre, Linskill Terrace, North Shields, NE30 2AY. Tel: **(0191) 643 5000** Email: **adoptnortheast@adoptne.org.uk** www.adoptnortheast.org.uk

## **Public transport**

- The nearest Metro station is North Shields (approximately a 15-minute walk)
- The nearest bus stops are on Linkskill Terrace
- For Metro and local bus timetables, please visit nexus.org.uk

## **Vehicle access**

• Car parking is available on site

