

Introductions Plan (SAMPLE)

Stage 1: Yellow - Getting to know each other

- This is an important time for foster carers and adopters to build a positive relationship, this will be helpful to the child and the success of the move.
- The child and the adopters should be given opportunities to become familiar with each other through 'observe and play' sessions before adopters start undertaking any caregiving tasks for the child. The Foster Carers continue to be the child's main care givers during this stage and the adopters use the time to get to know the child through play and conversation.

Stage 2: Green - Making the move

- All arrangements and timescales should focus on the needs of the child and the child's feelings about the move.
- The adopters start to take on caregiving tasks for the child, primarily in the Foster Carers' home or familiar surroundings for the child.
- The child is introduced to the adopters' home and starts to become familiar with it.
- The frequency and length of visits to the child increases; this is referred to as the 'intensive period'.
- The introduction plan will be reviewed and can change depending on how everyone is feeling and any changing needs.

Stage 3: Blue - Supporting relationships after the move

- The placement day is not the end of the child's relationship with their Foster Carers.
- Some continuity of the relationships will support the child in managing the loss of the foster family and building trust in the adoptive family.
- Regular contact between the Foster Carers and adopters should be viewed as being positive – it is likely to be more supportive for the child to have a gradual transition between a foster family and adoptive family and more reflective of how relationships progress.

Has it been agreed that play dates will start prior to the ADM due to exceptional circumstances?		YES / NO	NO	Who agreed this?		DATE:	
The adopter/s will first meet the child/ren on		DATE:		PROVISIONAL DATE FOR PLACEMENT		Date of initial planning meeting	
Day & Date	Day & Date	Day & Date	Day & Date	Day & Date	Day & Date	Day & Date	Day & Date
Monday 9am Initial Planning meeting (chaired by Adoption SW) Foster Carers and adopters can increase their contact and start sharing detailed information about the child, videos and photos etc	Tuesday	Wednesday Adopters and Foster Carers meet for a coffee, talk about the carers report and any significant points	Thursday	Friday Panel	Saturday Virtual contact continues between adopters and Foster Carers	Sunday Virtual contact continues between adopters and Foster Carers	
Monday	Tuesday Adopters and Foster Carers meet up at the carers' home (child is at nursery), get to know each other / continue to share	Wednesday	Thursday	Friday Adopters and Foster Carers meet for a coffee / chat	Saturday Virtual contact continues	Sunday Virtual contact continues	

	information about the child					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
ADM	Tommy to look at his welcome book with social worker Play date in a local park 20 - 30 minutes	Tommy to look at his welcome book with foster carer Play date 30 - 45 minutes	Tommy to look at his welcome book with foster carer 1pm Stage 1 review meeting / ring around	Tommy to look at his welcome book with foster carer Play date 45 - 60 minutes Placement Planning Meeting	Tommy to look at his welcome book	Tommy to look at his welcome book
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10am - 12noon Adopters to visit Tommy and to have a couple of hours just playing in the house with foster carer to remain close by.	9am - 1pm Adopters to visit Tommy and mid-morning to go out together locally. Foster Carer to accompany them. Adopters to stay to have lunch with Tommy and to leave after.	7am - 1pm Adopters to visit Tommy early morning to observe his morning routines - Foster Carer is to carry these out. A trip outdoors with Foster Carers somewhere, walk/ park as examples. Adopters to stay until after lunch and leave after.	1pm - 8pm Adopters to visit Tommy after lunch and go out together locally without Foster Carers for the first time. Adopters and Tommy to return to the placement for teatime and to stay and observe Tommy's bedtime routine, watching the Foster Carer carry this out but	7am - 1pm Adopters to visit Tommy to start becoming more involved in his morning routines, helping to give him breakfast, getting washed/dressed and ready for the day. Adopters to take Tommy out on their own for a couple of hours, without the Foster Carer being	11am - 8pm Adopters to visit and give Tommy his lunch. Adopters will take Tommy out for a few hours, have a meal out and return to Foster Carers to carry out Tommy's bedtime routine, staying until he is settled in bed.	Rest day for all Virtual call to maintain contact

			<p>staying until he is settled in bed.</p> <p>Child's Social Worker to visit child at Foster Carers' home</p>	<p>present and return them to placement.</p>		
<p>Monday</p> <p>10am</p> <p>Midway review of introductions</p> <p>12.30 - 5pm</p> <p>Adopters have lunch with Tommy then take him out for the afternoon, returning to have tea with him.</p>	<p>Tuesday</p> <p>10am - 6.30pm</p> <p>Goodbyes in school for 1 hour.</p> <p>Adopters to take Tommy out on their own for the day, give him lunch and return him to placement for tea. Adopters stay to and take part in some of his bed time routine / maybe read a story.</p>	<p>Wednesday</p> <p>11 - 6pm</p> <p>Foster Carer to take Tommy to the adopters' home and have lunch together, if he feels comfortable Foster Carer can leave and adopters return him to Foster Carers and undertake his bath / bed time routine.</p>	<p>Thursday</p> <p>9.30am - 4.30pm</p> <p>Adopters to collect Tommy and spend the day with him in and around their home before returning him to the Foster Carers' home for teatime.</p> <p>Child's Social worker to visit at adopters' home.</p>	<p>Friday</p> <p>10am - 6.30pm</p> <p>Adopters to collect Tommy and spend the day with him in and around their home, giving him a bath and putting his pyjamas on before returning him to the Foster Carers' home for bed time.</p>	<p>Saturday</p> <p>10am - 8pm</p> <p>Adopters to collect Tommy and spend the day with him, maybe going to the local park, but predominantly staying in and around their home.</p> <p>They are to return him to the foster placement for his evening routine – carrying this out themselves and settle Tommy in bed. To remain at the Foster Carers' until Tommy is asleep.</p>	<p>Sunday</p> <p>7am - 4pm</p> <p>Adopters to be at the Foster Carers' home, for Tommy waking up.</p> <p>Adopters undertake the morning routine and give him breakfast, get him dressed etc.</p> <p>The adopters and Tommy go out for the day and are to return him to the foster placement for tea time.</p>

<p>Monday</p> <p>Placement day</p> <p>10am Final Stage 2 review meeting</p> <p>12 noon Adopters collect child, supported by - Name</p>	<p>Tuesday</p>	<p>Wednesday</p> <p>Foster Carer to call into the adopters' home for 15-20 mins, Tommy can see that the Foster Carer is still around.</p> <p>Adopters' Social Worker visits home.</p>	<p>Thursday</p>	<p>Friday</p> <p>Foster Carer to pop in or meet at the local park for 15-20 mins.</p> <p>Child's Social Worker visits adopters' home (statutory visit).</p>	<p>Saturday</p>	<p>Sunday</p> <p>Virtual call between Foster Carers and adopters, child will be around and take part if they wish.</p>
<p>Monday</p>	<p>Tuesday</p> <p>Adopters' Social Worker visits adopters' home.</p>	<p>Wednesday</p> <p>Foster Carers to meet up with adopters and Tommy, either at their home or an activity for 20-30 minutes.</p>	<p>Thursday</p>	<p>Friday</p>	<p>Saturday</p> <p>Foster Carers to meet up with adopters and Tommy, either at their home or an activity for 20-30 minutes (or have a virtual call).</p>	<p>Sunday</p>
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	<p>Foster Carers to meet up with adopters and Tommy, either at their home or an activity for 20-30 minutes (or have a virtual call).</p> <p>Adopters' Social Worker visits family home.</p>		<p>First adoption review to be held.</p> <p>IRO may wish the Foster Carer to attend or may seek their views.</p> <p>The review will determine whether the contact with the Foster Carers continues to require a structured approach or move to a more flexible approach, depending on the needs of the child.</p>			